Make a Friend Be a Friend

For Students by Students

2/22/2020

PRESS RELEASE: Make a Friend Be a Friend Foundation to host the second annual Make a Friend Be a Friend Inclusion Walk

On Saturday, March 7, 2020, from 9 am to 1 pm students, educators, families and community supporters will join together for the 2nd annual Make a Friend Be a Friend Inclusion walk at Pompano Beach.

Last year the inaugural event gathered over four hundred participants and volunteers, who came together to promote inclusion and raised thousands of dollars to support inclusion and mental health initiatives. This year's event will include a family-friendly five-kilometer walk with interactive stations positioned along the route promoting mental health and inclusion. Events include performances from several BCPS High School Bands, Unity Chains, Environmental Stations, Game Stations, inclusion resources booths, Listening Chairs led by mindFULL me therapist, and much more.

Jonathon Mungal reflects that, "With a friend by your side, the burden of the world feels weightless. Which is why we will aim more than ever to ensure that every student has the ability to be part of several social groups and in order to strive forward and reach their ultimate potentials".

We are proud to announce that Make a Friend Be a Friend is a Florida-Non-for-Profit organization, for students by students, focused on inclusion and mental health awareness. The organization's goal is to provide opportunities to every student regardless of age, race, ethnicity, or abilities to engage in social experiences and build relations amongst their peers. School can be stressful, and in many ways, students need a friend to help relieve the pressure of both academics and social anxieties. Funds raised will support the foundation in helping students receive the necessities they require to meet both academic and life goals.

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For more information please visit mfbffoundation.com or follow our social media accounts on Twitter (@mfbfinc) and Instagram (@mfbf.inc)

We remember that community is what built this foundation. Each and everyone of you is the key to success for our journey. I look forward to seeing you and your community members join together and walk to make a difference.

Your Friend,

Jonathon Mungal

Jonathon Mungal

Chief Executive Officer

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Register for the Event on MFBFfoundation.com

Event Location: 600 NE 13th Ave, Pompano Beach, FL 33060

Event Time: Registration at 9am - Saturday March 7, 2020